

intervention

A healing forum by women for women.

Trauma [trou-muh, traw-]: the brain's memory of hurt, pain and/or overwhelming stress.

Let's face it, we've all experienced trauma. While life demands we get up and move on, for most, it's just not that easy, leaving us to feel "stuck" in spite of all of the activity in our lives.

The truth is, in order to move ahead, sometimes we must face what's held us back. For those desiring to move ahead, now there's **Intervention**, *a healing forum by women, for women seeking, to receive and extend forgiveness to recover from trauma.*



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